Follow in My Footsteps

This is a fun game that emphasizes teamwork! It is a relay game involving a partner. You need 8-10 people per team. You can have as many teams as you want. Students must work together in order for their team to win.

Each team forms a line. Within the team, two people must work together.

One person has 2 paper plates…these serve as stepping stones for the partner.

Person A puts down the plates/Person B walks on the plates (for example…from the side court to the center. Then they switch positions and return to the side). Then the next pair of partners go. The first group to finish up is the winner.

This is a great activity for music….music can really spur on the activity! Something fast would work best…

Leadership Point:

This is a game that depends on teamwork. One person could not win on his/her own. Within each team there is a variety of people…all having different assets. If some people are taller and have longer legs does that make the game easier….which role is easier/harder why? Is this like school…? When doing group work…does everyone have equal abilities? What is the purpose of group work….teamwork…can we learn from those who are both weaker and stronger?